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COMMUNITY ACTION.



United Way  
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## YWCA TORONTO GIRLS' CENTRE

# How To Be Your Own Superhero!



Every Friday 4-6p.m.  
Starting October 13th, 2023

To register, please contact [m1in@ywcatoronto.org](mailto:m1in@ywcatoronto.org)  
and [dtham@ywcatoronto.org](mailto:dtham@ywcatoronto.org)

This program is tailored for girls and gender diverse youth ages 9-13 years old to explore their identities and strengths, and tackle day-to-day adolescent challenges to increase positive socio-emotional relationships, sense of personal value and empowerment.



PHOTOS: Sketchify